

My broadcast

Date of broadcast

Topic

Purpose of the broadcast

I will be including content on:

*Tick all that you will be doing

- ☐ What mental health is and what you can do to stay well.
- ☐ Signs that someone might be struggling and what you can do.
- ☐ What can help and what can make things harder.
- ☐ Particular groups of people and specific needs, such as those with refugee or asylum seeker status, international students, younger or older members of the community.
- ☐ The role of faith or religion in conversations about mental health and wellbeing.
- ☐ What is stigma and how it relates to mental health concerns and suicide.
- ☐ How to encourage people to get and give support.
- ☐ Bringing in people with experience (professional, community or personal).
- ☐ Places that can provide information and support to the community.

Where I can go to find out more about his topic

Use the [*Useful places to find more information and support*](#) resource as a starting point for identifying useful organisations and make your notes below.

Where	Type of information

Key messages I will include based on this research

If including data, list where you got this data from.

Key message	Relevant data and source
Other:	

I will be including others in my broadcast ☐ Yes ☐ No

*Skip to next page if selecting 'No'

List the people I am interviewing and draft questions to ask them in the table below

Supply these to people ahead of the interview.

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Person	Question/s

Content advice to include:

Include content advice if it is relevant.
This will be informed by your research and
discussions with people you are interviewing.

Support services I am going to
include in my broadcast:

Other notes: